

ART • BUSINESS • LIFE
DAYNADENISE.COM

Paste

with a
PURPOSE

Vision Board Party!

REFLECT | PLAN | EXECUTE

WORKBOOK

2

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2

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Reflection.

STEP ONE

Honor where you **have been**, and it'll be easier to get super intentional about where you **want to be** in the future. Learn about yourself from yourself!

1. What 5 things did you get done that you are super proud of?

2. What were 3 of the biggest lesson you learned?

3. What 1 promise did you make to yourself that you fell short on?

4. What 3 major changes have you made in your life in the last year?

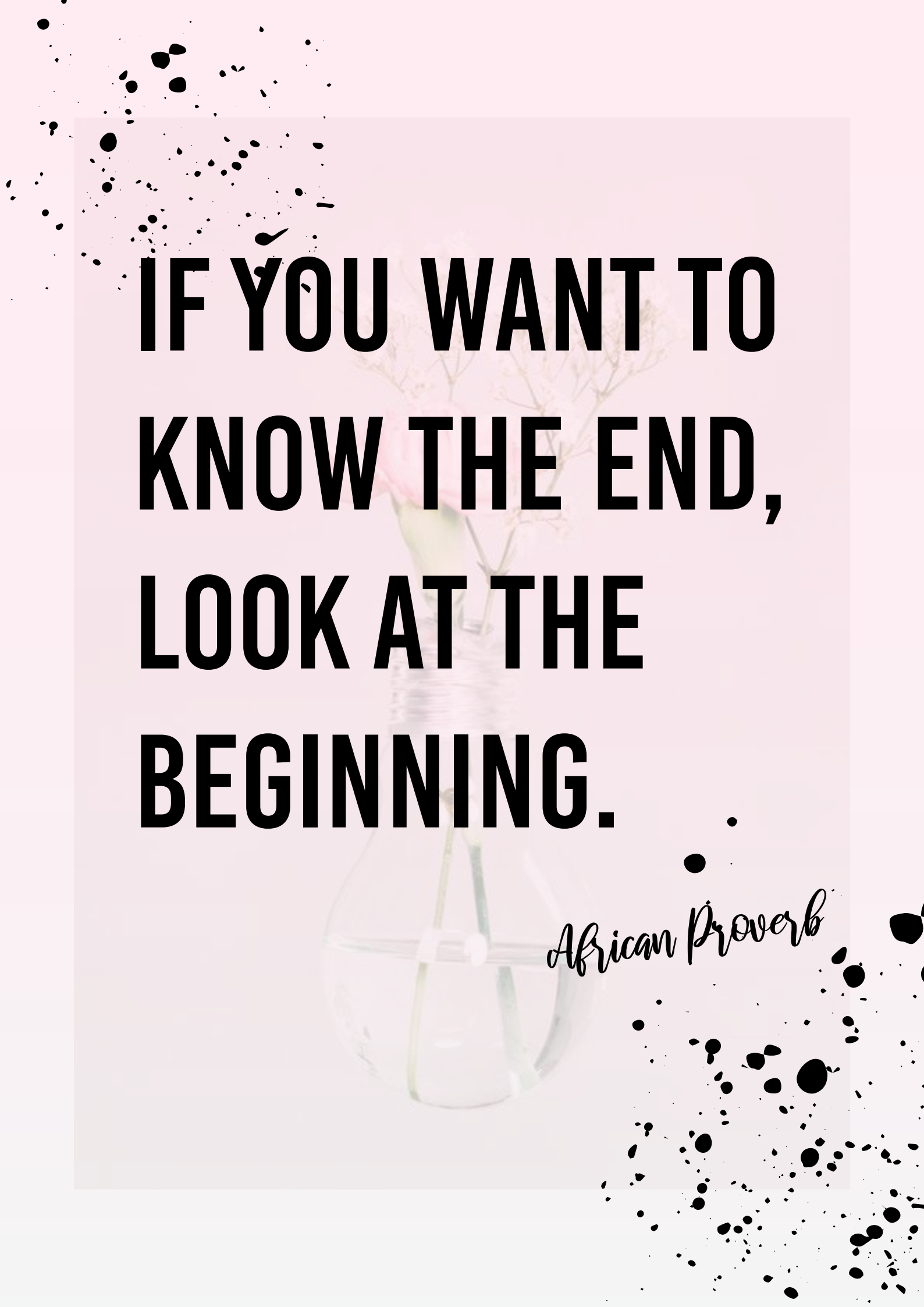
5. What worked and what did not? (Use answers from the previous question)

6. Circle the top 3 categories of life you worked the hardest on.

Spiritual
Psychological
Physical
Environmental
Intellectual
Relationships
Professional
Financial
Communal
Recreational

7. Circle the top 3 categories of life you ignored the most.

Spiritual
Psychological
Physical
Environmental
Intellectual
Relationships
Professional
Financial
Communal
Recreational



**IF YOU WANT TO
KNOW THE END,
LOOK AT THE
BEGINNING.**

African Proverb

Preparation.

STEP TWO

Before you make your board, lets make sure your **vision and purpose for 2020** is clear! List minimum 3 things you want to work on in each category of life.

1. Spiritual

2. Psychological

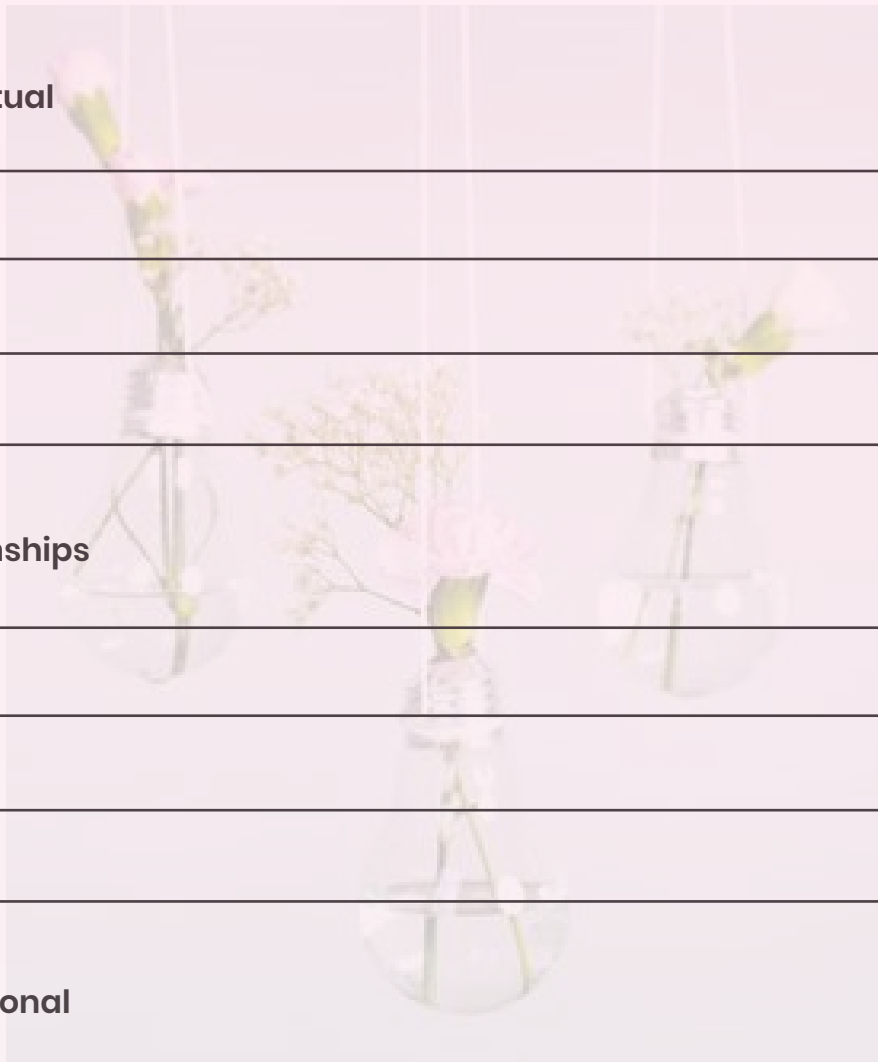
3. Physical

4. Environmental

5. Intellectual

6. Relationships

7. Professional



3. Financial

1. Communal

2. Recreational

